





MINISTRY OF HEALTH

2019 - 2023

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Ibnu Abbas narrated: The Prophet Muhammad Sallallahu Alaihi Wasallam, said:

"There are two blessings which many people waste: health and free time." (Sahih Al-Bukhari, No. 5933)

Dari Ibnu Abbas, dia berkata:
Nabi Muhammad Sallallahu Alaihi Wasallam bersabda:
"Dua kenikmatan, kebanyakan manusia tertipu pada keduanya,
(iaitu) kesihatan dan waktu lapang."
(Hadits Riwayat Bukhari, No. 5933)



TITAH EXCERPT

of His Majesty Sultan Haji Hassanal Bolkiah Mu'izzaddin Waddaulah ibni Al-Marhum Sultan Haji Omar 'Ali Saifuddien Sa'adul Khairi Waddien, Sultan and Yang Di-Pertuan of Brunei Darussalam

> on the occasion of the Majlis Ilmu 2012, 11th September 2012

"Nevertheless, we should not be complacent and be off-guard because, as with other countries around the world, we are not exempted from being confronted by various challenges of health and diseases that do not only threaten the community and country but can also jeopardise national socio-economic development. Among the challenges are the increasing number of people suffering chronic noncommunicable diseases such as cancer, diabetes, hypertension and coronary diseases, which are oblivious to age and social status.

I understand diseases such as these constitute the main causes of death in this country. In this regard, the costs of treatment and health care also continue to increase from one year to the next. In confronting such challenges, I hope all the relevant stakeholders, the Ministry of Health in particular, will continue to multiply efforts by taking more holistic approaches in accordance with best practices, such as adopting more cost-effective methods as well as the principle that "prevention is better than cure."

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Message

from The Honourable Dato Seri Setia Dr Haji Mohammad Isham bin Haji Jaafar Minister of Health



All praises be to Allah Subhanahu Wata'ala, salawat and salam upon our beloved Prophet Muhammad Sallallahu Alaihi Wassalam, his family, companions and faithful and honest followers till the end of time

Alhamdulillah, with the blessings of Allah Subhanahu Wata'ala, it is with honour and great pleasure that I present the Ministry of Health Strategic Plan 2019-2023.

This plan is a result of many discussions and deliberations at different levels which culminates to the development of 5 strategic directions and 39 integrated actions. It serves as a roadmap in our commitment to deliver high quality and comprehensive health care that is effective, efficient, responsive, equitable and accessible to all in the country.

The formulation of this plan takes into consideration the complex health environment as influenced by social, demographic and epidemiological transitions. The plan extends beyond healthcare in clinical setting to include prevention and control of diseases as well as protection of public health at large.

We redefined the strategic goals, incorporating the key elements essential for a robust health system and prepared for increasing role in regulatory of healthcare. Above all, the plan aspires to consistently place people at the centre of our healthcare and not merely the diseases.

We identified various initiatives that lay out action plans to be implemented over the five years. Furthermore, we align with the WHO recommendations on strategic health indicators and targets as a measure of the nation's health status, risk factors, service coverage and health systems.

The strategic plan is about further strengthening our national health system and service in a coordinated and cohesive manner, firmly supporting the goals of Wawasan Brunei 2035 and upholding the concept of Melayu Islam Beraja in attaining the highest quality of lives of the people.

Brunei Darussalam has made remarkable achievements particularly in meeting most of the global health targets such as the UN Sustainable Development Goals, attainment of universal health coverage and certification of free from infectious diseases namely polio, malaria, measles and recently rubella. The development of this strategic plan builds on these achievements whilst ensuring our action plans continue to be forward looking, prepared and responsive to the challenges of time.

At this juncture, I wish to express my appreciation to all those involved in the development of this strategic plan. Together as one Ministry of Health, we continue our journey in translating this strategic plan into integrated actions, deriving significant health outcomes and improving the wellbeing of the people. Collectively we must enhance engagement and partnership for health through whole of nation approach, adopting and implementing health in all policies.

Our actions today and the next five years is an investment to the future in pursue of the envision for Brunei Darussalam as a healthy and resilient nation.



Foreword

from Haji Abdul Manap bin Othman Permanent Secretary Ministry of Health



The completion of the Ministry of Health Strategic Plan 2019-2023 marks the many integrated actions that are committed to bring us closer to the goals of Wawasan Brunei 2035.

The Ministry of Health stands firm in its vision Together Towards A Healthy Nation. In the next five years, we will continue to focus on strengthening the building blocks to a health system encompassing service delivery, provision of medicines, medical technology and infrastructure; healthcare financing; human resources; governance as well as information technology and research.

The plan has set clear directions. It also places high emphasis on ensuring effective implementation and review mechanism. For each strategic goal and initiative there are designated leads and owners responsible to operationalise the action plans. For this strong teamwork and coordination are vital. This is because many of the action plans are cross-cutting and require collaboration between services and may also extend to other stakeholders beyond the Ministry of Health. Appropriate review mechanism is also established to monitor progress of implementation and evaluate outcomes. We will continue to address challenges and gaps, whilst seizing on opportunities to be innovative in the delivery of healthcare and protection of public health, optimizing resources and leveraging on technology and smart partnership.

My sincere gratitude to all the strategic goals and initiatives leads, and to all the Ministry of Health officers and staffs for their active participation and commitment in the development of this strategic plan.

Let us continue to work together as a team in implementing the Ministry of Health Strategic Plan 2019-2023. Insya Allah with the full cooperation and dedication from all levels at the Ministry of Health and with the support of our partners from government agencies, private sectors, non-governmental organisations as well as the community, together we can make significant progress and deliver outcomes that benefits the people and the nation.

Vision

Together Towards A Healthy Nation



The Ministry of Health aspires to improve the health and wellbeing of the people of Brunei Darussalam through a high quality and comprehensive health care system which is effective, efficient, responsive, affordable, equitable and accessible to all in the country





Strategic Plan 2019 - 2023

Strategic goals, initiatives and action plans

5 STRATEGIC GOALS



Excellence in Health Care Services



Prevention and Control of Noncommunicable Diseases



Protection of Public Health Through Effective Policies and Regulations



Sustainability Through Resource Optimisation and Innovation



Transparent and Proactive Governance



Strategic Goal 1:

Excellence in Health Care Service













Surah Thaha, Verse 81:

"Eat of the good things We have given you for sustenance, and be not inordinate with respect to them, lest My wrath should be due to you, and to whomsoever My wrath is due shall perish indeed."

Surah Thaha, Ayat 81:

"(Dan) Makanlah daripada (makanan) yang baik-baik yang Kami telah kurniakan kepada kamu dan janganlah kamu melampaui batas padanya maka (yang demikian itu) akan menyebabkan kamu ditimpa kemurkaanKu dan sesiapa yang ditimpa kemurkaanKu maka sesungguhnya dia pasti binasa."

DefiningExcellence in Health Care Service

Service Excellence

- Assure provision of universal health coverage, ensuring accessible and equitable health care to all
- Provide quality health care system and services with emphasis on patient safety inline with international standards
- Develop, standardize, strengthen and manage Clinical Practice Guidelines
- Develop centres of excellence

Workforce Excellence

- Develop right people, right skills and right values
- Promote and enhance safety culture
- Enhance strategic partnerships in medical and health care services

Process Excellence

- Introduce efficient health care delivery models that maximizes resource use and reduce waste
- Ensure timely health care services and reduce waiting time
- Develop, standardize, strengthen and manage policies and standard operating procedures (SOPs)
- Provide seamless integrated health care

Client/Patient-Centered Care Excellence

- Ensure positive experience and satisfaction
- Enhance patient and family rights and responsibilities, engagement and advocacy

Strategic Goal 1:

Excellence in Health Care Service



Strengthening Patient Safety and Quality of Care

- Strengthen Ministry of Health's quality management system
 - Inculcate safety culture
- Align Ministry of Health's health care services to accredited quality standards



Strengthen Primary Health Care

- Strengthen quality care through development and/or revision of clinical guidelines or quick reference guide
- Strengthen the monitoring of quality of care provided through monitoring of clinical indicators
- Enhance customer satisfaction
 - Enhance patient access to appointments
- Standardising catchment areas of health centres in line with improving GP-to-Population ratio and infrastructure's capacity
 - Improve integrated care



Advance Clinical Service Excellence

- Strengthen Ministry of Health's role in service delivery through a holistic and integrated approach
- Enhance clinical service excellence through implementation and monitoring of clinical performance measures
 - Develop Centres of Excellence towards achieving international recognition



Strengthening Emergency Medical Ambulance Services

- Strengthen Emergency Medical Ambulance Services (EMAS) role in service delivery by adopting an organisation-wide approach and a quality management system leveraging on medical technology
- Develop and enhance ambulance service configuration and deployment to provide timely response to patients
 - Strengthen EMAS capacity and capability in emergency preparedness, in line with expectations of W.H.O
 International Health Regulations (IHR)

Strategic Goal 1:

Excellence in Health Care Service



Excellence In Dental Services

- Improve waiting time
- Enhance dental specialised services in the Districts
- Enhance the environment and atmosphere of the dental treatment centres to make it more customer-friendly
- Improving Primary Oral Health Care Services by minimising waits and delays in receiving the services



Excellence In Renal Services

- Promote peritoneal dialysis (PD) preference policy to patients with end-stage kidney disease (ESKD)
- Collaboration with primary health care to develop a multi-disciplinary approach in the management of early chronic kidney disease (CKD)
- Strengthen renal replacement therapy (RRT) counselling
- Improve clinical outcomes of haemodialysis (HD) patients
 - Improve renal transplant programmes



Excellence In Pharmaceutical Services

- Promote quality use of medicines to enhance patient safety,
 optimise therapeutic outcome and improve service accessibility
- Improve availability of medicine through strengthening of medicine selection in optimising expenditure and ensuring continuous supply of medicines
 - Increase customer service satisfaction (positive customer experience) through extension of value added service on patient medicine supply



Excellence In Clinical Laboratories

- Improve quality and expand International Standards
 Organisation (ISO) accreditations for laboratory facilities / services and tests
- Ensure sufficient supply of safe blood and blood products
- Set up new laboratory facilities and services to provide extensive clinical laboratory tests and upgrade the existing ones to become national referral clinical laboratories
- Enhance quality and coverage of phlebotomy services at health care facilities
- Improve the quality of point of care testing (POCT)

Strategic Goal 1:

Excellence in Health Care Service



Strengthen Fundamental Quality Nursing Care

- Improve nursing basic processes with the implementation of Interventional Patient Hygiene (IPH)
 - Integrate patient care for positive patient outcome and experience
 - Improve the effectiveness and efficiency of nursing team with proper orientation programme and established competency assessment and monitoring for nurses



Strengthening Allied Health Professions Services

- Enhance Allied Health Professionals role in service delivery in accordance to evidence-based practice and international standards
- Strengthen availability and accessibility of quality allied health services through needs analysis, workforce and service planning to enhance positive patient experience



Establish Adolescent Health Strategy and Services

- Introduce adolescent-friendly community centre with comprehensive services for adolescents in Brunei Darussalam
- Establish teen-buddy system in government secondary schools
- Strengthen sexual and reproductive health awareness and prevention programme through the development of communication and education strategy and the establishment of partnership with relevant stakeholders



Strategic Goal 2:

Prevention and Control of Noncommunicable Diseases













Surah Al-A'raaf, Verse 31:

"O children of Adam! attend to your embellishments at every time of prayer (and tawaf), and eat and drink and be not extravagant; surely Allah does not love the extravagant."

Surah Al-A'raaf, Ayat 31:

"Wahai anak-anak Adam! Pakailah pakaian kamu yang baik lagi sempurna setiap kali mendirikan sembahyang (dan tawaf), serta makan dan minumlah dan janganlah berlebih-lebihan. Sesungguhnya Allah tidak menyukai orang-orang yang berlebih-lebihan."

Defining

Prevention and Control of Noncommunicable Diseases (NCDs)

- Strengthen stewardship and leadership, increase/optimise resources, improve capacity at all levels to sustain various NCD actions, including monitoring and evaluation
- Develop national health screening programme for early detection of NCDs and risk factors
- Strengthen collaboration and multi-sectoral response to develop and sustain policies and enabling/supportive environments for NCD actions or healthier lifestyles
- Explore/ensure alternative sustainable funding for (selected) NCD actions
- Work in collaboration with other agencies to address underlying social determinants of health and reduce modifiable risk factors for NCDs
- Monitor NCD trends and risk factors and evaluate progress towards achievement of global NCD targets
- Develop national capacity and support for high quality research, surveillance (through NCD registries) and evaluation for NCD prevention and control
- Strengthen health systems to address the prevention and control of NCDs through patient-centred primary health care and universal health coverage
- Support and empower people living with NCDs for better self-care and disease management
- Strengthen promotion of oral health as an integral part of general health through early identification and intervention of oral disease
- Promote transformation in public attitudes towards mental health issues and make positive mental health and well-being a priority for everyone



Strategic Goal 2:

Prevention and Control of Noncommunicable Diseases (NCDs)



Develop National Health Screening Programme

- Develop and update National Health Screening Guideline on NCDs
- Develop and implement national health screening programmes for priority NCDs based on latest scientific evidences
- Develop and update screening databases for key NCDs to ensure timely and accurate data collection, management and analysis
- Evaluate the progress of national NCD screening programmes to improve detection of cancers in the early stages and survival rates of cancer patients



Giving Every Child the Best Start in Life

- Develop, implement and monitor Nutrition and Physical Activity
 Guidelines for Childcare Centres
 - Strengthen Health Promoting Schools Initiatives
 - Develop Code on Responsible Advertisement on Foods and Beverages to Children
 - Strengthen actions under the National Strategy for Maternal, Infant and Young Child Nutrition (MIYCN) in Brunei Darussalam 2014-2020, particularly in protecting, promoting and supporting exclusive breastfeeding



Improving Brunei's Food Environment

- Strengthen the effectiveness of existing Healthier Choice Initiatives through effective partnerships with relevant stakeholders
- Conduct mass media campaigns on healthy eating based on the revised National Dietary
 Guidelines with respect to salt, saturated fats, as well as consumption of fruits and vegetables
- Develop National Salt Reduction
 Strategy and Interventions leading to new or reformulated products with lower sodium content
 - Develop and monitor effect of fiscal policies on unhealthy foods and beverages



Supporting Active Communities

- Develop National Physical Activity Strategy for the community aligned with WHO's Global Action Plan on Physical Activity
- Promote healthy workplaces in government sectors
 - Strengthen physical activity interventions in mukims and kampongs
- Leverage on technology and social media to promote physical activity to the community

Strategic Goal 2:

Prevention and Control of Noncommunicable Diseases (NCDs)



Reduce Tobacco Use / Smoking

- Review the Tobacco Order 2005 and its Regulations for better compliance to the non-smoking law in all government premises and gazetted public places
- Conduct mass media campaigns and education activities to prevent initiation of smoking and to encourage smokers to quit
 - Strengthen smoking cessation programmes, including Klinik Berhenti Merokok (KBM)



Promote Healthy Ageing

- Establish baseline for elderly health status
- Develop National Strategy on Healthy Ageing (including elderly care) in Brunei Darussalam



Promote Better Mental Health & Wellbeing For Everyone

- Establish partnerships for more effective socialisation of mental health issues in schools, workplaces and the community
- Develop a Multi-sectoral Taskforce on Mental Health
 Promotion and Illness Prevention leading to the development of a Multi-sectoral Mental Health
 Action Plan for Brunei Darussalam 2020-2023
- Establish baseline on mental health status and issues in Brunei Darussalam
- Develop 'Brunei Bebas Buli'
 Programme for bully prevention and management in schools



Promote Better Oral Health

- Enhance Toddler-Fluoride Rolling Toothpaste Programme (TFRTP) for 9 months-old babies to 5 year-olds
 - Enhance Fluoridated Tooth Brushing Programme (FTB) in primary schools
- Conduct public education and skills development programmes to improve oral health knowledge, attitudes and behaviours in all schools

Strategic Goal 2:

Prevention and Control of Noncommunicable Diseases (NCDs)



Towards A Health Literate Brunei

- Establish baseline on health literacy status
- Develop Health Literacy Action Plan for Brunei Darussalam



Enhance Clinical Management of NCDs

- Strengthen integrated care services through partnership with public and private health care providers in the primary, secondary and tertiary health care
- Review and update Clinical Practice Guidelines (CPGs) and Standard Operating Procedures (SOPs) for the management of common NCDs
- Assess and monitor the service availability and readiness of the primary health care sectors (public and private) in addressing NCDs such as availability of essential medicines and SOPs
 - Review and monitor effectiveness and efficiency of the NCD patient management through regular audits and surveys
- Strengthen patient support system for optimisation of NCD management through multidisciplinary approach including rehabilitative, palliative and social care services



Strengthen Research, Surveillance and Evaluation

- Strengthen existing and develop new NCD Registries (Cancer, Cardiovascular Diseases, Diabetes Mellitus, Stroke, Renal Diseases) through partnership with BruHIMS and clinical departments
 - Provide up to date data statistics and analysis on key NCDs and risk factors
 - Plan and implement Global School-based Health Survey or National Survey on Adolescent's Physical and Mental Health Status, Risks and Behaviours
- Plan and implement National Health and Nutritional Status Survey (NHANSS); or STEPwise surveillance of NCDs; or National Survey on Adult's Physical and Mental Health Status, Risks and Behaviours
- Strengthen evaluation studies on existing NCD programmes by facilitating the conduct of priority NCD researches through partnership with clinical departments and academic institutions



Strategic Goal 3:

Protection of Public Health Through Effective Policies and Regulations













Prophet Muhammad Sallallahu Alaihi Wasallam said:

"Try to be clean as much as you are able to. Verily, Allah has based the foundation of Islam on cleanliness; hence, never can a person enter Paradise but the clean ones." (Hadits Narrated by Tabrani)

Nabi Muhammad Sallallahu Alaihi Wasallam bersabda:

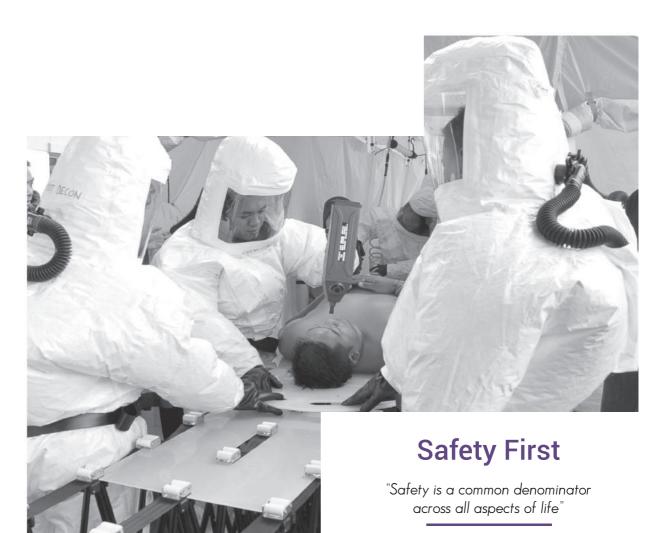
"Jagalah kebersihan dengan segala cara yang dapat kamu lakukan kerana Allah mendirikan Islam di atas kebersihan dan tidaklah masuk syurga kecuali orang menjaga kebersihan."

(Hadits Riwayat Tabrani)

Defining

Protection of Public Health Through Effective Policies & Regulations

- Ensure national health security through strengthening and maintaining core competencies of the WHO International Health Regulations 2005
- Ensure public health protection and assurance through performance of regulatory functions and discharge of legislative responsibilities relating to public health risks and disease prevention
- Continuous surveillance of priority diseases and health risks as well as monitoring of the health status of the population
- Ensuring health system readiness to address emergencies in responding to public health incidents of national and international concerns
- Strengthen laboratory capacity and capability to support strategies and actions for public health safety and security
- Upholding health care practitioners professionalism and commitment to continuous professional development and strengthen regulation of health care facilities to ensure compliance to standards



Strategic Goal 3:

Protection of Public Health Through Effective Policies & Regulations



Ensuring National Health Security

 Strengthen and maintain national International Health Regulations (IHR)
 Core Capacities in ensuring Brunei Darussalam's health security



Enforcing Public Health Legislations, Regulations and Standards

 Align delivery of services to international standards or national/ international best practices supported by appropriate legislation and standard operating procedures (SOPs)



Excellence in Analytical Support Services For Public Health and Security

- Build laboratory capacity and strengths for public health, safety and security
- Strengthen Laboratory Capacity for detection and identification of infectious diseases

6 Initiatives and 9 Action Plans



Infection Prevention and Control

- Strengthen infection prevention and control on diseases of public health importance
- Strengthen Antimicrobial Resistance (AMR) response through coordinated "One-Health" Approach



Ensure Preparedness For Health Emergencies

> Strengthen departmental-wide readiness to respond to all emergencies



Upholding Healthcare Practitioners Professionalism and Strengthen Regulation of Healthcare Facilities

- Review and develop legislations on healthcare practitioners and strengthen enforcement to ensure public safety and upholding professionalism
- Align healthcare delivery and practices to regional and international standards in optimizing public safety and delivery of healthcare services

Strategic Goal 4:

Sustainability Through Resource Optimisation and Innovation













Surah Al-Isra', Verse 82:

"And We reveal of the Al-Qur'an that which is a healing and a mercy to the believers, and it adds only to the perdition of the unjust."

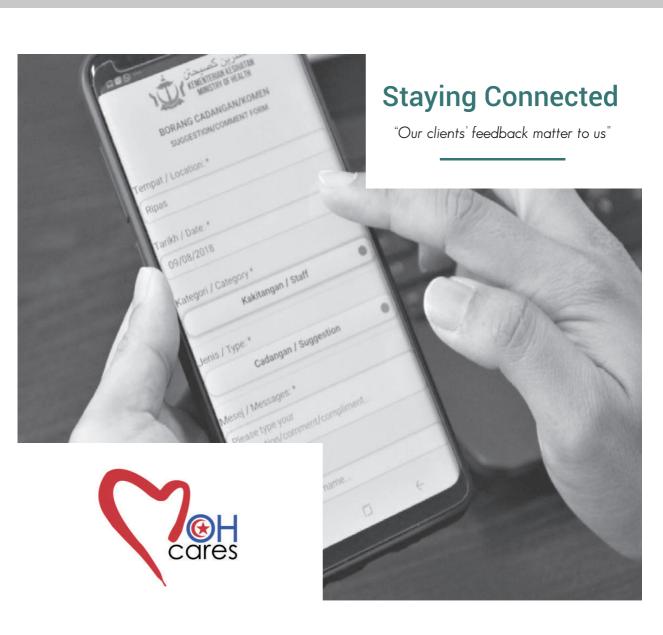
Surah Al-Isra', Ayat 82:

"Dan Kami menurunkan daripada Al-Qur'an suatu penawar (bagi penyakit rohani dan jasmani) dan rahmat bagi orang-orang yang beriman, dan Al-Qur'an itu tidaklah menambah kepada orang-orang yang zalim (orang-orang kafir) selain kerugian."

Defining

Sustainability Through Resource Optimisation and Innovation

- Efficient use of resources and funds
- Innovate to overcome resource and financial challenges
- Promote sustainable financing model through public private partnership / alternative healthcare financing system
- Rational use of drugs / medical sundries
- Minimise wastages



Strategic Goal 4:

Sustainability Through Resource Optimisation and Innovation



Create Sustainable Health Care Financing System

- Encourage generation of revenues through revised and comprehensive scheme of charges
- Sustain the delivery of essential services through Private Public Partnership (PPP)



Ensure Sustainable and High Quality Work Force

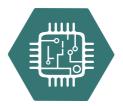
- Increase effectiveness of Human Resource Planning and Management to ensure quality and optimum workforce for healthcare service excellence
- Improve attraction and retention strategies to retain quality and talented healthcare workforce
 - Enhance human resource role as strategic partners in support of organisational efficiency initiatives
 - Strengthen human resource management system

5 Initiatives and 13 Action Plans



Ensure Human Resource Talents are Nurtured & Developed

- Enhance human resource development strategies to ensure a pool of skilled professionals leading to national and global recognition in their own field
- Ensure potential leaders are equipped with key competencies for effective succession planning strategies



Strengthen Management of Healthcare Technology

- Enhance medical device operating skills
- Enhance quality management of medical devices through accreditation and audit

Strategic Goal 4:

Sustainability Through Resource Optimisation and Innovation



Improve Organisational Efficiency Through Improved Process and Technology

- Upgrade and extend the BruHIMS's technology and connectivity to optimise the utilization of system's data, modules and referral functions
- Refresh BruHIMS and all hospitals network infrastructure within the Ministry of Health
- Increase the application of ICT to enhance the efficiency and effectiveness of public services in the Ministry of Health (e-services)



5 Initiatives and 13 Action Plans



Strategic Goal 5:

Transparent and Proactive Governance











Surah An-Nisa, Verse 58:

"Surely Allah commands you to make over trusts to their owners and that when you judge between people you judge with justice; surely Allah admonishes you with what is excellent; surely Allah is Seeing, Hearing."

Surah An-Nisa, Ayat 58:

"Sesungguhnya Allah menyuruh kamu supaya menyerahkan amanah-amanah kepada ahlinya (yang berhak menerimanya) dan apabila kamu menjalankan hukum antara manusia (hendaklah) kamu menghukum dengan adil. Sesungguhnya Allah (dengan suruhanNya itu) memberi pengajaran yang sebaik-baiknya kepada kamu. Sesungguhnya Allah adalah Maha Mendengar lagi Maha Melihat."

Defining

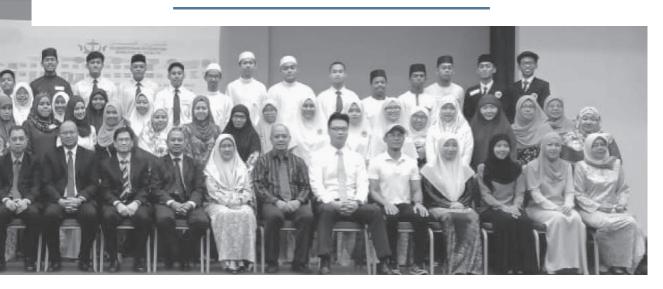
Transparent and Proactive Governance

- Audit and Code of Ethics
- Transparency and accountability in all of the Ministry of Health's functions: Budgeting, Contracting, Law And Policy Making, Service Delivery
- Public engagement in decision making
- Effective data and information management and sharing between stakeholders
- Align strategies to Melayu Islam Beraja and practice the teachings of Al-Qur'an in clinical and non-clinical services
- Support and implement fiscal consolidation programme through appropriate structure, policy, process and efficiency reforms



Promoting a Proactive Generation

"Hearing the public's voice and giving them a chance to participate and lead"



Strategic Goal 5:

Transparent and Proactive Governance



Practice Evidence-Based and Accountable Financing

- Strengthen budgetary and purchasing system in the Ministry of Health with the use of recognised evidence-based tools such as National Health Accounts (NHA) and Health Technology Assessment (HTA)
 - Strengthen internal audit



Create Ministry of Health's Brand Identity

- Branding Ministry of Health's corporate identity and values in order to build Sense of Belonging amongst staff and aligning to the Ministry's core values
- Improving Ministry of Health's credibility and reputation among its clients
 - Improve strategies to ensure all forms of communications developed by the Ministry of Health are accessible, credible and trusted, relevant, timely and understandable

6 Initiatives and 20 Action Plans



Enhance Quality of Policy-Making, Strategy and Data Management

- Strengthen health policy development and analysis
- Establish strategy management and monitoring framework that aligns to Wawasan Brunei 2035 framework
- Strengthen international relations and fulfill commitments in health
- Establish national health dataset and improve data quality (standards)
 - Promote health services and clinical research to support evidence-based policy-making



Establish Healthy Workspace Through Health, Safety & Environment (HSE) and Risk Assessment

- Strengthen awareness on health, safety and environment at workplace in the Ministry of Health
 - Establish Risk Assessment Framework and Plans for the Ministry of Health

Strategic Goal 5:

Transparent and Proactive Governance



Strengthen Health Information System and Healthcare Technology

- Enhance the effectiveness of the overall information technology services in the Ministry of Health
- Creating data integration platform to support research, management and planning, and improve service delivery functions
 - Enhance security for Ministry of Health's workstations and networks
- Increase the application of ICT to support Ministry of Health's regulatory and monitoring functions
- Strengthen the regulations of medical devices to ensure quality and safety



Upgrade and Development of Healthcare Infrastructure

- Implementation of the 11th National Development Plans projects
- Health System and Infrastructure
 Master Plan (HSIMP) for
 Brunei Darussalam
 >> Strengthen mission and
 capacity, and upgrade all the
 government hospitals and
 healthcare facilities
 >> Strengthen the health centres
 network throughout the country
 - Upgrading of Raja Isteri Pengiran Anak Saleha Hospital

6 Initiatives and 20 Action Plans





The history of Medical and Health Services in Brunei Darussalam dated back to 1907 when the Deputy British Resident was also the residing doctor. The health system started with the formation of the Medical Department along with the appointment of the first State Medical Officer in 1929 and the start of the Public Health and Sanitation Programme. In the same year, the first government hospital (18-bedded) situated in Pekan Brunei was officiated by His Majesty Sultan Ahmad Tajuddin Akhazul Khairi Waddien Ibni Al-Marhum Sultan Muhammad Jamalul Alam



For over 110 years,

our journey has always been to serve the population with evidence-based strategies for all ages

IMPLEMENTING STRATEGIC GOALS

The 5 year strategic will support and ens



Strengthened Health System

in maintaining Universal Health Coverage (UHC) and assuring people centred care



Noncommunicable Diseases

are prevented, treated, managed and their risk factors controlled, and mental health also prioritised and improved



Strengthened National Capacities

to better protecting people from epidemics, and other health emergencies



Communicable Diseases

are prevented, managed and controlled



Improved Human Capital

that contributes to knowledge and health of the population



Patients Safety

They are protected from hospital-acquired infection and other harm when they seek care

plan sure the following:



Antimicrobial Resistance

is decreased, while ensuring effective treatment and prevention are in place



Strengthened Country Capacity

in data and innovation



Medicines & Other Health Technologies

are both safe and effective



Strengthened Leadership

as well as governance, management and advocacy for health



Improved Financial, Human and Administrative Resources

Management towards transparency, efficient use of resources, and effective delivery of results



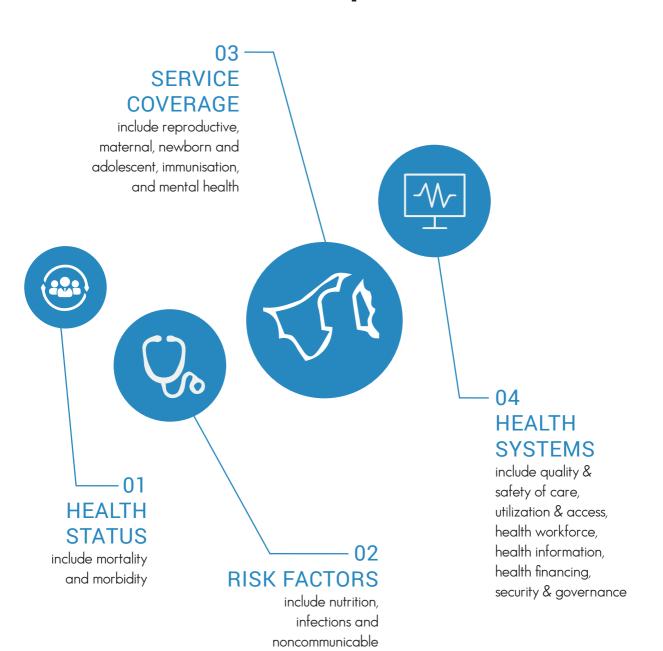
Health Impacts

of environmental risks and other determinant of health addressed



KEY PERFORMANCE INDICATORS

The core indicators are categorised as:



diseases

Health Status

in Brunei Darussalam



Life Expectancy At Birth

79.0 Years (2023)

77.3 Years (2017)



Maternal Mortality Ratio (SDG 3.1)

<70.0 per 100,000 Live births by 2023

62.0 per 100,000 Live births in 2017



8.0 per 1000 Live births by 2023

11.5 per 1000 Live births in 2017



Hepatitis B Incidence Rate (SDG 3.3)

<10.0

per 100,000 population by 2023

6.0

per 100,000 population in 2017



Premature NCD Mortality (SDG 3.4)

10.0% per 100,000 population by 2023

14.3% per 100,000 population in 2017



HIV Prevalence Rate

<10.0 per 100,000 population by 2023

37.0 per 100,000 population in 2017



HIV Incidence Rate (SDG 3.3)

<10.0 per 100,000 population by 2023

7.0 per 100,000 population in 2017



TB Incidence Rate (SDG 3.3)

50 per 100,000 population by 2023

57.0 per 100,000 population in 2017

SDG 3.1: By 2030, reduce the global maternal mortality ratio to less than 70 per 100,000 live births.

SDG 3.2: By 2030, end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.

SDG 3.3: By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases

SDG 3.4: By 2030, reduce by one third premature mortality from noncommunicable diseases through prevention and treatment and promote mental health and well-being.

Risk Factors

Global & National



Stop

the rise in obesity and diabetes

30%

relative reduction in prevalence of current tobacco use

25%

relative reduction in the prevalence of raised blood pressure or contain the prevalence of raised blood pressure, according to national circumstances

10%

relative reduction in prevalence of insufficient physical activity

National NCD Target

87.0% 74.0%

Reduction prevalence of physical inactivity for adolescents

25.3% 20.0%

Reduction prevalence of physical inactivity for adults

46.2% **23.1**%

Reduction in sweetened beverage consumption among children

28.0% 21.0%

Reduction in prevalence of raised blood pressure

19.9% 14.0%

Reduction in tobacco use

4.3 🛑 4.0

Reduction of decayed, missing, filling teeth (DMFT) score for 5 year olds

0.8 \rightarrow 0.6

Reduction of decayed, missing, filling teeth (DMFT) score for 12 year olds 18.9%

No increase in the rise of obesity in adolescent

28.0%

No increase in the rise of obesity in adults

10.0%

No increase in the rise of blood glucose in adults

46.3% 55.0%

Increase exclusive breastfeeding rate for 0 - 5 months of age

Health System & Health Service Coverage



Coverage of essential services (Universal Health Coverage)



- Antenatal coverage
- Births attended by skilled health professionals





Immunisation coverage for Diptheria, Tetanus, Pertussis, Influenza, Polio, Hepatitis (DTP-Hib-IPV-HepB 3), Mumps, Measles, Rubella and Hepatitis B (birth dose)



Treatment coverage for

- Tuberculosis (TB)
- Drug resistant Tuberculosis

SDG 3.8:

Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all

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- Permanent Secretary
- Deputy Permanent Secretary (Professional)
- Deputy Permanent Secretary (Policy & Management)
- Acting Director General of Medical & Health Services
- Department of Policy & Planning
- Department of Medical Services
- Department of Health Services
- Department of Administration and Finance
- Department of Healthcare Technology
- Estate Management and Project Development
- Health Promotion Centre
- Department of Nursing Services
- Department of Environmental Health Services
- Department of Scientific Services
- Department of Laboratory Services
- Department of Pharmaceutical Services
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- Department of Dental Services
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