

BIL	Quotation Reference	Description	Advertisement Date	Closing Date (Not Later Than 09.00aM)	Quotation Fee	Requesting Department	Focal Person
5	MOH/HPC/QTN/24-25(03) GA	<p>OUTSOURCING FOR WEIGHT LOSS PROGRAMME FOR HEALTH PROMOTION CENTRE – MENTAL HEALTH (CLUSTERING)</p> <p>PLACE OF SUBMISSION: QUOTATION BOX (GROUND FLOOR) MINISTRY OF HEALTH COMMONWEALTH DRIVE BANDAR SERI BEGAWAN, BB 3910 NEGARA BRUNEI DARUSSALAM</p>	20/02/2025	15/03/2025	\$5.00	PUSAT PROMOSI KESIHATAN, JABATAN PERKHIDAMATAN KESIHATAN KEMENTERIAN KESIHATAN.	DR BIBINA TUTY UMAIRA HJ ABD HAMID, MEDICAL OFFICER TEL: 2384442

**TAWARAN SEBUTHARGA
PUSAT PROMOSI KESIHATAN**

RUJUK SEBUTHARGA: MOH/HPC/QTN/24-25(03) GA

NAMA SEBUTHARGA: OUTSOURCING FOR WEIGHT LOSS PROGRAMME FOR HEALTH PROMOTION CENTRE - MENTAL HEALTH (CLUSTERING)

NO.	ITEM/SPECIFICATION	TOTAL QUANTITY IN SESSIONS	TOTAL COHORT	PRICE PER SESSION	TOTAL PRICE OFFERED FOR 2 COHORT
MENTAL HEALTH					
	1. Conduct capacity building workshop (mental health educational talks) for Health Champions and Fitness Vendors a) No of Participants: 12-16 participants b) Duration: 60-90 minutes c) Focus topic: Coaching vs mentoring d) Venue: to be provided by Health Promotion Centre	1 SESSION (PER COHORT)	2		
	2. Conduct mental health educational talks for every cohort of the weight loss programme: <u>2.1 Bootcamp</u> a) No of session: 1 b) No of participants: 45-50 c) Duration: 1 hour per session d) Focus topic: Motivation, goals, habit formation and creating change e) Venue: to be provided by Health Promotion Centre	1 SESSION (PER COHORT)	2		
	<u>2.2 Interactive workshop 1</u> a) No of session: 2 b) No of participants: 20-25 participants c) Duration: 1 hour per session d) Focus topic: Motivation, relapse management and mind setting e) Venue: to be provided by Health Promotion Centre.	2 SESSIONS (PER COHORT)	2		
	<u>2.3 Interactive workshop 2</u> a) No of session: 2 b) No of participants: 20-25 participants c) Duration: 1 hour per session d) Focus topic: Mental Health and Nutrition e) Venue: to be provided by Health Promotion Centre	2 SESSIONS (PER COHORT)	2		
	3. Support both Satria Kesihatan and participants in addressing any inquiries or issues that may arise during the programme via WA (whatsapp) or email as part of the escalation procedure.	Inclusive in the pricing offered			
	4. Attend MDT (Multi Disciplinary Meeting) meetings arranged by Programme Manager				

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PUSAT PROMOSI KESIHATAN**

RUJUK SEBUTHARGA: MOH/HPC/QTN/24-25(03) GA

NAMA SEBUTHARGA: OUTSOURCING FOR WEIGHT LOSS PROGRAMME FOR HEALTH PROMOTION CENTRE - MENTAL HEALTH (CLUSTERING)

NO.	ITEM/SPECIFICATION	TOTAL QUANTITY IN SESSIONS	TOTAL COHORT	PRICE PER SESSION	TOTAL PRICE OFFERED FOR 2 COHORT
	5. Provide supplementary services such as one-on-one counselling sessions to interested programme participants (at a discounted rate) throughout the programme's duration at their current practice paid by the participants	Inclusive in the pricing offered			
	6. Minimum requirement: a) Register under Allied Health Professional of Ministry of Health Brunei Darussalam b) To participate in interview when required.	Inclusive in the pricing offered			

Please State:

- Unit Price
- Total Price
- Price validity
- Delivery Period
- Sample/ Brochure

If any query please contact Dr Bibina Tuty Umaira Hj Abd Hamid, Medical Officer, Health Promotion Centre at 2385800 or 2384442.

TAWARAN SEBUTHARGA
PUSAT PROMOSI KESIHATAN

RUJUKAN SEBUTHARGA: MOH/HPC/QTN/24-25(03) GA

NAMA SEBUTHARGA: OUTSOURCING FOR WEIGHT LOSS PROGRAMME FOR HEALTH PROMOTION CENTRE - MENTAL HEALTH (CLUSTERING)

NO.	SPECIFICATION	TOTAL QUANTITY IN SESSIONS	TOTAL COHORT	STATE COMPLY/ NOT COMPLY	IF 'NO' PLEASE STATE ALTERNATIVE OFFER
1. MENTAL HEALTH					
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	Procurement Requirement
Total Price:	
Price Validity:	
Delivery Period:	
Sample / Brochure:	

The company understood that Ministry of Health reserves the right to appoint different vendor(s) for each of the item stated above, if required.

Company Name		Company Chop	
Contact Person		Contact Number	

If any query please contact **Dr Bibina Tuty Umaira Hj Abd Hamid, Medical Officer, Health Promotion Centre** at **2384442** or e-mail bibina.hamid@moh.gov.bn