

13 Can I change my mind during the process?

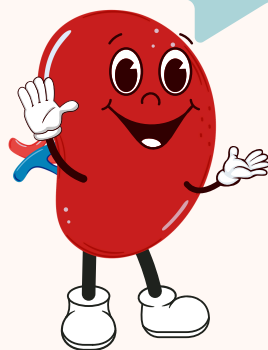
Yes, you can withdraw at any stage, and your decision will be respected without pressure.

14 Will donating a kidney harm my health?

Most donors are living a normal life after donation. You will still have 1 healthy kidney to do the work of both.

15 Will I be living a normal life after donating a kidney?

Yes. Most donors return to a normal, active lifestyle after recovery, with no major restrictions or limitations.



**FOR MORE INFORMATION,
CONTACT US:**

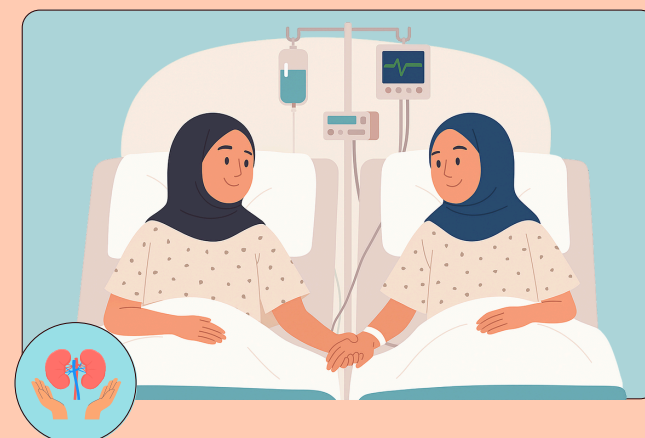
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**FREQUENTLY ASKED QUESTIONS
KIDNEY DONATION
IN
BRUNEI
DARUSSALAM**



1 What is Kidney Donation?

It is the act of giving one of your kidneys to another person who has kidney failure and needs a transplant.

2 Is Kidney Donation Allowed in Islam?

Yes. As stated in the Fatwa Mufti Kerajaan Negara Brunei Darussalam (08/2009) it is permissible (harus).

3 Can I live with only 1 kidney?

Yes, most people can live a long healthy life with only 1 kidney.

4 Who can donate a kidney in Brunei?

Only close relative (e.g. parents, siblings, spouses, children) who are in good health maybe considered for kidney donation.

5 What are the requirements to become a kidney donor?

You must be:

- A close relative of the recipient
- Between 21-62 years old
- In good physical and mental health
- Free from chronic illnesses like diabetes, high blood pressure, or kidney disease



6 What medical tests will I need?

You will go through blood and urine tests, radiological and full physical and psychosocial evaluations to ensure your safety and compatibility.

7 Is altruistic donation allowed in Brunei?

No

8 Is the donation surgery safe?

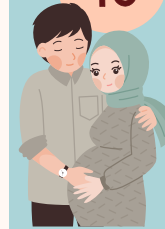
Yes, but as all surgeries, there are risks such as infection, bleeding, or complication(s) from anaesthesia.

9 How long does recovery take?

Most donors return to their normal activities within 4-6 weeks, depending on individual health and work.

10 Can I still get pregnant after donating a kidney?

Yes. Many women donate and later have healthy pregnancies with no complications related to donations.



11 Will my lifestyle change after donation?

No major changes are needed, but you should adopt a healthy lifestyle and attend regular medical checkups.

12 Can I still exercise and work normally?

Yes, after you recover, you can go back to work, exercise, and enjoy daily activities as before.