



OFFICIAL PUBLICATION OF
THE MINISTRY OF HEALTH,
BRUNEI DARUSSALAM

Brunei International Medical Journal

Volume 16

10 February 2020 (16 Jamadilakhir 1441H)



Brunei Int Med J. 2020;16:9-10

Brunei International Medical Journal (BIMJ)

Official Publication of the Ministry of Health, Brunei Darussalam

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The BIMJ publishes articles ranging from original research papers, review articles, medical practice papers, special reports, audits, case reports, images of interest, education and technical/innovation papers, editorials, commentaries and letters to the Editor. Topics of interest include all subjects that relate to clinical practice and research in all branches of medicine, basic and clinical including topics related to allied health care fields. The BIMJ welcomes manuscripts from contributors, but usually solicits reviews articles and special reports. Proposals for review papers can be sent to the Managing Editor directly. Please refer to the contact information of the Editorial Office.

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Ethics

Ethical considerations will be taken into account in the assessment of papers that have experimental investigations of human or animal subjects. Authors should state clearly in the Materials and Methods section of the manuscript that institutional review board has approved the project. Those investigators without such review boards should ensure that the principles outlined in the Declaration of Helsinki have been followed.

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Original articles

These include controlled trials, interventional studies, studies of screening and diagnostic tests, outcome studies, cost-effectiveness analyses, and large-scale epidemiological studies. Manuscript should include the following; introduction, materials and methods, results and conclusion. The objective should be stated clearly in the introduction. The text should not exceed 2500 words and references not more than 30.

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These are, in general, invited papers, but unsolicited reviews, if of good quality, may be considered. Reviews are systematic critical assessments of

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This section usually consist of invited reports that have significant impact on healthcare practice and usually cover disease outbreaks, management guidelines or policy statement paper.

Audits

Audits of relevant topics generally follow the same format as original article and the text should not exceed 1,500 words and references not more than 20.

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Case reports should highlight interesting rare cases or provide good learning points. The text should not exceed 1000 words; the number of tables, figures, or both should not be more than two, and references should not be more than 15.

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This section includes papers (i.e. how to interpret ECG or chest radiography) with particular aim of broadening knowledge or serve as revision materials. Papers will usually be invited but well written paper on relevant topics may be accepted. The text should not exceed 1500 words and should include not more than 15 figures illustration and references should not be more than 15.

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Acknowledgements

Only persons who have made substantial contributions but who do not fulfill the authorship criteria should be acknowledged.

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Wai Lin HTUN, Babu Ivan MANI, Pui Lin CHONG, Chee Fui CHONG, Vui Heng CHONG



A 47-year-old man with poorly controlled diabetes mellitus (Hb_{A1C} 10.6%), hypertension, dyslipidaemia and previous stroke (good recovery) presented with a week history of left foot discomfort. This was associated with fever, chills, rigors, discolouration of the toes and foul smelling discharge. There was erythema of the dorsal aspect and gangrene of the 4th and 5th toes. Peripheral pulses were intact. Laboratory investigations revealed leukocytosis (white cell count 22.1×10^9), elevated C-reactive protein (CRP 28 mg/dl) and mild acute kidney injury. What does the radiograph of the left foot radiograph show?

What is the diagnosis?

Answer: refer to page 10

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DISCLOSURE: There is no conflict of interest and consent has been obtained from parents for use of these images.

(Refer to page 9)

ANSWER: EMPHYSEMATOUS CELLULITIS

The radiograph (panel) of the left foot shows gas pockets (arrows) located at the 4th and 5th toes with changes of osteomyelitis affecting the 5th toe. Pus and tissue cultures isolated *Morganella morganii* (*M. morganii*) sensitive to the antibiotics (intravenous amoxicillin-clavulanic acid and ceftazidime) given to the patient. The patient was treated with wound debridement disarticulation of the 4th and 5th toes but later required a below knee amputation to control the infection.



Diabetic foot is a common complication among patients with poorly controlled diabetes mellitus and is the leading cause of limb amputation.^{1, 2} Emphysematous cellulitis is uncommon and is potentially catastrophic resulting in amputation and even death. The causative organisms can be *Clostridia* or non-*clostridia* species. Gas formation caused by non-clostridia organisms is due to mixed aerobic (sometimes anaerobic bacteria) metabolism and usually has a more gradual progression and better prognosis compared to *Clostridial* infection.³ In patient with diabetes mellitus, gas formation can be due to fermentation of organic acid as result of hyperglycemia. Microvascular complications contribute to tissue ischaemia. *M. morganii* is a gram negative bacillus and it can produce severe

local and systemic infection in diabetes patient which can result poor outcomes.⁴

Emphysematous cellulitis requires early diagnosis and should be treated appropriately with glycaemia control and good antibiotic coverage, typically intravenous in the initial phase that can be changed to oral formulation. The antibiotics coverage should be guided by microbial sensitivity results. Surgical interventions (i.e. debridement) may need to be considered early because amputation can greatly effect on the outcome and on the daily life of the patient. In this present case, the infection was not controlled with debridement and disarticulation necessitating a below knee amputation.

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