



Brunei International Medical Journal

OFFICIAL PUBLICATION OF
THE MINISTRY OF HEALTH
AND
UNIVERSITI BRUNEI DARUSSALAM

Volume 16

26 November 2020 (10 Rabiulakhir 1442H)



Brunei Int Med J. 2020;16:124-125

Brunei International Medical Journal (BIMJ)

Official Publication of The Ministry of Health and Universiti Brunei Darussalam

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The BIMJ publishes articles ranging from original research papers, review articles, medical practice papers, special reports, audits, case reports, images of interest, education and technical/innovation papers, editorials, commentaries and letters to the Editor. Topics of interest include all subjects that relate to clinical practice and research in all branches of medicine, basic and clinical including topics related to allied health care fields. The BIMJ welcomes manuscripts from contributors, but usually solicits reviews articles and special reports. Proposals for review papers can be sent to the Managing Editor directly. Please refer to the contact information of the Editorial Office.

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Ethics

Ethical considerations will be taken into account in the assessment of papers that have experimental investigations of human or animal subjects. Authors should state clearly in the Materials and Methods section of the manuscript that institutional review board has approved the project. Those investigators without such review boards should ensure that the principles outlined in the Declaration of Helsinki have been followed.

Manuscript categories

Original articles

These include controlled trials, interventional studies, studies of screening and diagnostic tests, outcome studies, cost-effectiveness analyses, and large-scale epidemiological studies. Manuscript should include the following; introduction, materials and methods, results and conclusion. The objective should be stated clearly in the introduction. The text should not exceed 2500 words and references not more than 30.

Review articles

These are, in general, invited papers, but unsolicited reviews, if of good quality, may be considered. Reviews are systematic critical assessments of

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This section usually consist of invited reports that have significant impact on healthcare practice and usually cover disease outbreaks, management guidelines or policy statement paper.

Audits

Audits of relevant topics generally follow the same format as original article and the text should not exceed 1,500 words and references not more than 20.

Case reports

Case reports should highlight interesting rare cases or provide good learning points. The text should not exceed 1000 words; the number of tables, figures, or both should not be more than two, and references should not be more than 15.

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This section includes papers (i.e. how to interpret ECG or chest radiography) with particular aim of broadening knowledge or serve as revision materials. Papers will usually be invited but well written paper on relevant topics may be accepted. The text should not exceed 1500 words and should include not more than 15 figures illustration and references should not be more than 15.

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Acknowledgements

Only persons who have made substantial contributions but who do not fulfill the authorship criteria should be acknowledged.

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Amit Kumar C JAIN, Apoorva HC



Figure 1

A 43 year old male patient presented to the Emergency Department with a history of swelling of the scrotum along with pain and redness since 2-3 days duration. He had noticed the swelling after experiencing severe itchiness in his scrotum which later developed into a small pustule the following day. He also gave history of fever. General examination showed a pulse rate of 111bpm, BP of 160/90mmHg and a temperature 101⁰ F. He was hypertensive though not a known diabetic until detected at our hospital. Local examination on admission showed the whole scrotum to be swollen with erythema and tenderness. The penis was also swollen. Next day morning evaluation revealed presence of necrosis of scrotal skin (Figure 1) along with ascending redness in both groin and there was severe tenderness. Patient was subjected to a radical debridement under anaesthesia.

What is the diagnosis?

Answer: refer to page [125](#)

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DISCLOSURE: There is no conflict of interest and consent has been obtained from patient for use of these images.

(Refer to page [124](#))

ANSWER: FOURNIER'S GANGRENE

Necrotising fasciitis was a term that became popular to also be known as '*flesh eating bacterial disease*'.¹ In the year 1883, Jean Alfred Fournier gave a detailed description on the necrosis that was occurring in male genitalia after which it is called Fournier's Gangrene.² It is also known by many names like streptococcal scrotal gangrene, idiopathic gangrene of the scrotum, etc.³

It is now considered to be necrotizing fasciitis that affects genital and perianal region in males and females. It can occur at any age though more common in middle age and in immune-compromised status like diabetes mellitus, alcoholism, chronic kidney disease, etc.⁴

Although it was considered earlier to be idiopathic, today, trauma is a recognizable source of entry of infection.^{2,4} The common causative organisms are staphylococcus, streptococcus, enterobacteriaceae, etc.^{2,4} In our case, the organism was methicillin resistant staphylococcus aureus. The diagnosis of this condition is mostly clinical and should be early; otherwise it can progress rapidly causing multi-organ failure and mortality.

Surgery is the main choice of treatment where all the devitalised tissues are removed (Figure 2) and often they may require repeated debridement. Negative pressure wound therapy is known to be beneficial in large wounds. Post debridement, the reconstruction methods include secondary suturing, split skin grafting, burying of testis in thigh or abdomen, etc.⁴



Figure 2: Surgical debridement of Fournier's gangrene of the scrotum with complete laying open and removal of necrotic tissues of the groin and testes.

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